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# Part Time Working Mum A Patchwork Life English

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A Patchwork Life

Why Mommy Drinks

A Guide to Parenting Yourself to a More Fulfilling Career

Tut's Mummy

The Sunday Times bestseller and powerful fiction debut

Supporting Parents of Children Ages 0-8

The Sunday Times No. 1 Bestseller

The Mom Test

Mummy is a Killer

The Working Mom's Guide to Style, Sanity, and Success After Baby

Knee Deep in Life

Part-Time Working Mummy

How America Messed Up Motherhood--and How to Fix It

The Life of Kate Reddy, Working Mother : a Novel

Workparent

The Tummy Mummy

American Moms on the Brink

This Is Me

How The Motherhood Experience Changes You Forever

Why Mommy's Sloshed: The Bigger the Kids, the Bigger the Drink

Working Mummies

The Unmumsy Mum Diary

A Mother for Choco

A Patchwork Life

Sh\*\*ged. Married. Annoyed.

Confessions of a Single Mum

The Sunday Times No 1 Bestseller 2020  
Maternal Optimism  
The Spirit Chaser  
Motherhood in the Age of Anxiety  
Forging Positive Paths Through Work and Motherhood  
Motherhood  
My Mom Has Two Jobs  
Forget "Having It All"  
A Novel  
Part-Time Working Mummy  
Battle Hymn of the Tiger Mother  
How to Raise a Mom  
The Complete Guide to Succeeding on the Job, Staying True to Yourself, and Raising Happy Kids  
Maxed Out

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## **BLAINE LYRIC**

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*A Patchwork Life Anchor Books*

Raising a mom is hard work, but this book will help you learn exactly how to do it! From waking her up in the morning to arranging playdates to making sure she gets enough exercise and plenty of veggies, you'll raise a happy and healthy mom in no time.

Why Mommy Drinks Anchor

Illustrations and rhyming text introduce the many careers and professions of mummies, such as real estate agents selling haunted houses and dentists filing vampires' fangs.

A Guide to Parenting Yourself to a More Fulfilling Career Adoption  
Tribe Pub

THE SUNDAY TIMES BESTSELLER Want to know the truth about what life is like as a mum and step-mum with a chaotic patchwork family? This book is everything I've been through that's made me who I am, plus the lessons I've learned from many mistakes. I hope that it will make you laugh as well as give you strength to keep going when times get tough. After all, we are all in this together... Rachaele, aka Part-Time Working Mummy Hundreds of thousands of fans flock to the PTWM page online and now, in this book, Rachaele shares her behind-the-scenes experiences with single parenthood, unexpected pregnancy, domestic violence, relationships, bullying and much more - spreading kindness amidst the craziness along the way!

\*\*\*\*\* Readers are raving about this book \*\*\*\*\* 'What can I say...amazing! The book is humbling, it's heart wrenching, it's funny and it's real life! The world needs more Rachaeles.' 'Thanks to Rachaele and this amazing book, I all of a sudden don't feel so bad about my parenting skills. A brave insight on Rachaele's life and how patchwork families can be amazing if you fill your home with love. A must have on your book shelf!' 'The most heart wrenching real book I've ever read, full of sadness, amazement and utter brilliance. Never has a book made me have a lump in my throat and burst into tears then have me in fits of laughter a few pages later... So real and so relatable.' 'I don't normally do reviews or books even but wow I couldn't put it down! Read it in one. A must read!' 'Straight-from-the-heart read - every mum needs to read this.'

Tut's Mummy Harvard Business Press

A lot of people wonder how Chinese parents raise such stereotypically successful kids. They wonder what Chinese parents do to produce so many math whizzes and music prodigies, what it's like inside the family, and whether they could do it too. Well, I can tell them, because I've done it... Amy Chua's daughters, Sophia and Louisa (Lulu) were polite, interesting and helpful, they had perfect school marks and exceptional musical abilities. The Chinese-parenting model certainly seemed to produce results. But what happens when you do not tolerate disobedience and are confronted by a screaming child who would sooner freeze outside in the cold than be forced to play the piano? *Battle Hymn of the Tiger Mother* is a story about a mother, two daughters, and two dogs. It was supposed to be a story of how Chinese parents are better at raising kids than Western

ones. But instead, it's about a bitter clash of cultures, a fleeting taste of glory, and how you can be humbled by a thirteen-year-old. Witty, entertaining and provocative, this is a unique and important book that will transform your perspective of parenting forever.

*The Sunday Times bestseller and powerful fiction debut* Oxford University Press, USA

Pre-order this extraordinarily candid memoir and discover the real Sophie Hinchliffe, the woman behind the Mrs Hinch phenomenon. \*\*\* FEATURING A BONUS PAPERBACK CHAPTER ABOUT THE BIRTH OF LENNIE \*\*\* THE SUNDAY TIMES NO. 1 BESTSELLER 2020 'Gut-wrenchingly honest' The Mail on Sunday 'I love that woman so much, she is just so great' Rylan Clark-Neal, BBC Radio 2 \_\_\_\_\_ I sometimes can't believe just how much has happened in the last couple of life-changing years. It's been a total whirlwind of a journey, and I'm so grateful to all my followers for their amazing love and support along the way. From my very first toy kitchen which was my pride and joy right through to the my very first Instagram posts stories of my cleaning routine, I'm going to take you back to the start of how it all began. But there is so much more to my story than just cleaning tips; there have been the highest of highs, but also heart-breaking devastating lows. So let's do this! Put your Hinch Lists to one side, get comfy and join me on the sofa with a cuppa. Welcome to my world. This is me: Soph - the wife, the mother and the person behind Mrs Hinch. \_\_\_\_\_ 'The sensation' Sun 'We're mad about Mrs Hinch' Vogue 'My new cleaning goddess' Daily Telegraph 'Doing for household chores what Marie Kondo did for tidying' Daily Mirror 'Mrs Hinch offers a reassuring

structure for the day, a vision of domestic order' Guardian

Supporting Parents of Children Ages 0-8 Headline

The Mom Test is a quick, practical guide that will save you time, money, and heartbreak. They say you shouldn't ask your mom whether your business is a good idea, because she loves you and will lie to you. This is technically true, but it misses the point. You shouldn't ask anyone if your business is a good idea. It's a bad question and everyone will lie to you at least a little. As a matter of fact, it's not their responsibility to tell you the truth. It's your responsibility to find it and it's worth doing right. Talking to customers is one of the foundational skills of both Customer Development and Lean Startup. We all know we're supposed to do it, but nobody seems willing to admit that it's easy to screw up and hard to do right. This book is going to show you how customer conversations go wrong and how you can do better.

**The Sunday Times No. 1 Bestseller** HarperCollins

Hundreds of thousands of fans flock to the Part-Time Working Mummy page for its heartfelt posts, honest accounts of complicated family life and its appeal to 'bring parents together to support each other through all the sh\*t that life throws at us!'. This book channels the amazing spirit of the page, with Rachaele sharing behind-the-scenes experiences that have shaped her own views on parenting and life; packed with personal stories and lessons learned, it's about the best, the worst and the ok times in a 'normal' family. As well as tackling subjects like single parenthood, patchwork families, unexpected pregnancy, domestic violence and bullying, the book ultimately spreads a message of kindness amidst the chaos and inspires you to change the world for the better - and, of course, a good laugh to

see you through the tough times!

*The Mom Test* Basic Books

When Mommy Grows Up: A Guide to Parenting Yourself to a More Fulfilling Career is a career development book for moms who love to ask kids what they want to be when they grow up, but somewhere along the way have stopped asking themselves this same important question. Tackling the "age 30 transition" with humor, wit, and practical advice, career coach, author, and mom, Becca Carnahan reframes lessons we teach our kids like "use your words," "you to need to share," and "make new friends" as career advice. From figuring out what's next, to overcoming obstacles, to managing the logistics of a job search or entrepreneurial journey - it's all covered in a way that's accessible, relatable, and fun! Whether we are working full-time, working part-time, working from home, or working inside the home, mothers are all in some state of managing our careers, managing our families, and managing to laugh through it all. When Mommy Grows Up invites all moms to learn about themselves, define what success looks like to them, build new skills, and achieve their goals using proven methods and frameworks. And of course, find the humor in working mom life every step of the way.

*Mummy is a Killer* Macmillan

A clear-eyed look at the history of American ideas about motherhood, how those ideas have impacted all women (whether they have kids or not), and how to fix the inequality that exists as a result. After filing a story only two hours after giving birth, and then getting straight back to full-time work the next morning, journalist Amy Westervelt had a revelation: America might claim

to revere motherhood, but it treats women who have children like crap. From inadequate maternity leave to gender-based double standards, emotional labor to the "motherhood penalty" wage gap, racist devaluing of some mothers and overvaluing of others, and our tendency to consider women's value only in terms of their reproductive capacity, Westervelt became determined to understand how we got here and how the promise of "having it all" ever even became a thing when it was so far from reality for American women. In *Forget "Having It All,"* Westervelt traces the roots of our modern expectations of mothers and motherhood back to extremist ideas held by the first Puritans who attempted to colonize America and examines how those ideals shifted--or didn't--through every generation since. Using this historical backdrop, Westervelt draws out what we should replicate from our past (bringing back home economics, for example, this time with an emphasis on gender-balanced labor in the home), and what we must begin anew as we overhaul American motherhood (including taking a more intersectional view of motherhood, thinking deeply about the ways in which capitalism influences our views on reproduction, and incorporating working fathers into discussions about work-life balance). In looking for inspiration elsewhere in the world, Westervelt turned not to Scandinavia, where every work-life balance story inevitably ends up, but to Japan where politicians, in an increasingly desperate effort to increase the country's birth rates (sound familiar?), tried to apply Scandinavian-style policies atop a capitalist democracy not unlike America's, only to find that policy can't do much in the absence of cultural shift. Ultimately, Westervelt presents a measured, historically rooted and research-backed call for workplace

policies, cultural norms, and personal attitudes about motherhood that will radically improve the lives of not just working moms but all Americans.

### **The Working Mom's Guide to Style, Sanity, and Success After Baby** Random House

She's back! The Unmumsy Mum has put pen to paper (or fingers to the keyboard!) once more to bring you the next instalment of her life as mum to two young boys, documenting motherhood exactly as she finds it. Her words have made mums, dads and grandparents everywhere laugh and cry in equal measure. In *The Unmumsy Mum Diary* Sarah shares with us a year in her life as a mum, wife, blogger and bestselling author. With her trademark candour and wit, she documents the good days and the bad days, the giggles and the tantrums. She'll also share poignant, lifechanging moments from her year, such as her older son heading off through the school gates for the first time. *The Unmumsy Mum Diary* is as honest as it is hilarious and a peek into Sarah's innermost thoughts will leave you in no doubt that, on those days when you feel you are not quite cut out for the job, you are most definitely not alone.

### *Knee Deep in Life* Random House

Winner of a Foreword IndieFab Book of the Year Award Katrina Alcorn was a 37-year-old mother with a happy marriage and a thriving career when one day, on the way to Target to buy diapers, she had a breakdown. Her carefully built career shuddered to a halt, and her journey through depression, anxiety, and insomnia—followed by medication, meditation, and therapy—began. Alcorn wondered how a woman like herself, with a loving husband, a supportive boss, three healthy kids, and a

good income, was unable to manage the demands of having a career and a family. Over time, she realized that she wasn't alone; many women were struggling to do it all—and feeling as if they were somehow failing as a result. Mothers are the breadwinners in two-thirds of American families, yet the American workplace is uniquely hostile to the needs of parents. Weaving in surprising research about the dysfunction between the careers and home lives of working mothers, as well as the consequences to women's health, Alcorn tells a deeply personal story about “having it all,” failing miserably, and what comes after. Ultimately, she offers readers a vision for a healthier, happier, and more productive way to live and work.

**Part-Time Working Mummy** Penguin

Kate Reddy, a hedge fund manager and mother of two, struggles to juggle her professional and personal lives and to balance--often unsuccessfully--on the tightrope of work and home.

How America Messed Up Motherhood--and How to Fix It Trapeze

The true love that inspires adoption is revealed as a birthmother opens her heart, while adoptive parents open their arms for a child.

*The Life of Kate Reddy, Working Mother : a Novel* Robfitz Ltd

From the creator of viral Tiktok sensation, @MammyBanter, comes a hilarious warts-and-all novel about modern motherhood – and how having it all sometimes isn't what you think it might be.

**Workparent** A&C Black

As you prepare to become a mother, you face an experience unlike any other in your life. Having a baby will redirect your preferences and pleasures and, most likely, will realign some of

your values. As you undergo this unique psychological transformation, you will be guided by new hopes, fears, and priorities. In a most startling way, having a child will influence all of your closest relationships and redefine your role in your family's history. The charting of this remarkable, new realm is the subject of this compelling book. Renowned psychiatrist Daniel N. Stern has joined forces with pediatrician and child psychiatrist Nadia Bruschweiler-Stern and journalist Alison Freeland to paint a wonderfully evocative picture of the psychology of motherhood. At the heart of *The Birth of a Mother* is an arresting premise: Just as a baby develops physically in utero and after birth, so a mother is born psychologically in the many months that precede and follow the birth of her baby. The recognition of this inner transformation emerges from hundreds of interviews with new mothers and decades of clinical experience. Filled with revealing case studies and personal comments from women who have shared this experience, this book will serve as an invaluable sourcebook for new mothers, validating the often confusing emotions that accompany the development of this new identity. In addition to providing insight into the unique state of motherhood, the authors touch on related topics such as going back to work, fatherhood, adoption, and premature birth. During pregnancy, mothers-to-be talk about morning sickness and their changing bodies, and new mothers talk about their exhaustion, the benefits of nursing or bottle-feeding, and the dilemma of whether or when they should return to work. And yet, they can be strangely mute about the dramatic and often overwhelming changes going on in their inner lives. Finally, with *The Birth of a Mother*, these powerful feelings are eloquently put into words.

### The Tummy Mummy Michelle Travis

Want to know what it's really like to be a single mum? Perfect for fans of Part-Time Working Mummy and Why Mummy Drinks, this will inspire you to own your single status and make you realise that you're not alone. 'A joyful and moving first person account of solo parenthood and confronting societal expectations of "family" after falling pregnant age 24. Bravo Amy!' Pandora Sykes 'This goes off like a rocket and never lets up . . . this is like going out with your best mate for a coffee and them telling you their whole experience' Penny Smith 'Amy's frank and down-to-earth story is inspiring and honest' The Sun When Amy Nickell left university, she managed to nab herself a real life paid job as a celebrity reporter in London town. She literally got paid to ask Robert Downey Junior out for Nando's, while living with her gay best friend, their Harry Styles cardboard cutout and their pet toad, Snoop Frog. Things were good, they were fun and they definitely weren't serious. That life took a very grown up, very serious detour when Amy found herself unexpectedly pregnant. Pregnant and without a boyfriend. And so her life went in an altogether new direction... From plus one dating to lactating way too near to Simon Cowell, this is Amy's wonderfully frank, honest and hilarious story of a family that is anything but nuclear. So whether you've just arrived, are on the way or have been here a while, this is for anyone who's found themselves scratching their head and wondering: 'How the hell did I end up here?' What readers are saying about Confessions of a Single Mum: 'You don't have to be a single mum or female to love this book! Amy is an absolute hero and role model to everyone. Unbelievably funny and inspirational' 'Hilarious and heartwarming'

### American Moms on the Brink Penguin

No.1 bestselling author Gill Sims is back with her eagerly awaited fourth and final Why Mummy novel.

*This Is Me* Random House Books for Young Readers

THE SUNDAY TIMES BESTSELLER Want to know the truth about what life is like as a mum and step-mum with a chaotic patchwork family? This book is everything I've been through that's made me who I am, plus the lessons I've learned from many mistakes. I hope that it will make you laugh as well as give you strength to keep going when times get tough. After all, we are all in this together... Rachaele, aka Part-Time Working Mummy Hundreds of thousands of fans flock to the PTWM page online and now, in this book, Rachaele shares her behind-the-scenes experiences with single parenthood, unexpected pregnancy, domestic violence, relationships, bullying and much more - spreading kindness amidst the craziness along the way! \*\*\*\*\* Readers are raving about this book \*\*\*\*\* 'What can I say...amazing! The book is humbling, it's heart wrenching, it's funny and it's real life! The world needs more Rachaeles.' 'Thanks to Rachaele and this amazing book, I all of a sudden don't feel so bad about my parenting skills. A brave insight on Rachaele's life and how patchwork families can be amazing if you fill your home with love. A must have on your book shelf!' 'The most heart wrenching real book I've ever read, full of sadness, amazement and utter brilliance. Never has a book made me have a lump in my throat and burst into tears then have me in fits of laughter a few pages later... So real and so relatable.' 'I don't normally do reviews or books even but wow I couldn't put it down! Read it in one. A must read!' 'Straight-from-the-heart read - every mum

needs to read this.'

*How The Motherhood Experience Changes You Forever*

HarperCollins

A lively and provocative look at the modern culture of motherhood and at the social, economic, and political forces that shaped current ideas about parenting. What is wrong with this picture? That's the question Judith Warner asks in this national bestseller after taking a good, hard look at the world of modern parenting--at anxious women at work and at home and in bed with unhappy husbands. When Warner had her first child, she was living in Paris, where parents routinely left their children home, with state-subsidized nannies, to join friends in the evening for dinner or to go on dates with their husbands. When she returned to the States, she was stunned by the cultural differences she found toward how people think about effective parenting--in particular, assumptions about motherhood. None of the mothers she met seemed happy; instead, they worried about the possibility of not having the perfect child, panicking as each developmental benchmark approached. Combining close readings of mainstream magazines, TV shows, and pop culture with a thorough command of dominant ideas in recent psychological, social, and economic theory, *Perfect Madness* addresses our cultural assumptions, and examines the forces that have shaped them. Working in the tradition of classics like Betty Friedan's *The Feminine Mystique* and Christopher Lasch's *The Culture of Narcissism*, and with an awareness of a readership that turned recent hits like *The Bitch in the House* and Allison Pearson's *I Don't Know How She Does It* into bestsellers, Warner offers a context in which to understand parenting culture and the

way we live, as well as ways of imagining alternatives--actual concrete changes--that might better our lives.

**Why Mummy's Sloshed: The Bigger the Kids, the Bigger the Drink** HarperCollins

The ultimate must-read handbook for the modern mother: a practical, and positive tool to help free women from the debilitating notion of being the "perfect mom," filled with funny and all too relatable true-life stories and realistic suggestions to stop the burnout cycle, and protect our kids from the damage burnout can cause. Moms, do you feel tired? Overwhelmed? Have you continually put off the things you need to do for you? Do you feel like it's all worth it because your kids are happy? Are you "over" being a mother? If you answered yes to these questions, you're not alone. Parents today want to create the ideal childhood for their children. Women strive to be the picture-perfect Pinterest mother that looks amazing, hosts the best birthday parties in town, posts the most "liked" photos, and serves delicious, nutritious home-cooked meals in her neat, organized home after ferrying the kids to school and a host of extracurricular activities on time. This drive, while noble, can also be destructive, causing stress and anxiety that leads to "mommy burnout." Psychologist and family counselor Dr. Sheryl Ziegler is well-versed in the stress that moms face, and the burden of guilt they carry because they often feel like they aren't doing enough for their kids' happiness. A mother of three herself, Dr. Z—as she's affectionately known by her many patients—recognizes and understands that modern moms are all too often plagued by exhaustion, failure, isolation, self-doubt, and a general lack of self-love, and their families are also feeling the effects, too. Over



the last nineteen years working with families and children, Dr. Z has devised a prescriptive program for addressing "mommy burnout"—teaching moms that they can learn to re-energize themselves and still feel good about their families and their lives. In this warm and empathetic guide, she examines this modern

epidemic among mothers who put their children's happiness above their own, and offers empowering, proven solutions for alleviating this condition, saving marriages and keeping kids happy in the process.