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The Less Traveled Road and the Bible
New Age Journal

*Supernatural Psychology Roads Less
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BENJAMIN POLLARD

Supernatural Psychology North Atlantic Books

Many mental health practitioners present symptoms that are consistent with their clients' anxiety and stress-related disorders. It comes as no surprise, then, that "counselor impairment" - the stress that comes from treating survivors of traumatic events - is now officially recognized by the American Counseling Associations' Task Force on Counselor Wellness. "Empathy Fatigue" is a term coined by the author after his own experience serving on the crisis response team for the Westside Middle School shootings in Jonesboro, Arkansas. Remarkably, symptoms of empathy fatigue are evident amongst a broad range of professionals: those who treat victims of stressful and traumatic events; those who treat persons with abuse, mood, anxiety, and stress-related disorders; as well as those who work in career and vocational settings or with people with mental and physical disabilities. This guide is also meant for all these groups. This book provides a repertoire of strategies, techniques, and insight designed to increase personal resiliency and decrease counselor burnout and fatigue: Self-assessment approaches, with an in-depth analysis of empathy fatigue and an explanation of this phenomenon from a mind, body, and spiritual perspective. Detailed case studies and suggested questions for self-assessments and self-care. A variety of self-care approaches, providing guidelines to counselors and clinicians to identify their own emotional, physical, and mental exhaustion. .

The Walking Dead Psychology Harvest House Publishers

"Following the adventures of two brothers who investigate deeply strange and paranormal mysteries in their never-ending road trip, the TV show *Supernatural* has many fans eager to better understand the psychology behind the series' themes and characters. Featuring cast & crew interviews, this collection examines issues at the heart and soul of *Supernatural*'s heroes and foes (fans, too)"--Amazon.com.

Will Storr Vs. The Supernatural Routledge

Winner of the Best Anthology Book Award from the John Whitmer Historical Association Winner of the Special Award for Scholarly Publishing from the Association for Mormon Letters Scholarly interest in Mormon theology, history, texts, and practices--what makes up the field now known as Mormon studies--has reached unprecedented levels, making it one of the fastest-growing subfields in religious studies. In this volume, Terry Givens and Philip Barlow, two leading scholars of Mormonism, have brought together 45 of the top experts in the field to construct a collection of essays that offers a comprehensive overview of scholarship on Mormons. The book begins with a section on Mormon history, perhaps the most well-developed area of Mormon studies. Chapters in this section deal with questions ranging from how Mormon history is studied in the university to the role women have played over time. Other sections examine revelation and scripture, church structure and practice, theology, society, and culture. The final two sections look at Mormonism in a larger context. The authors examine Mormon expansion across the globe--focusing on Mormonism in Latin America, the Pacific, Europe, and Asia--in addition to the interaction between Mormonism and other social systems, such as law, politics, and other faiths. Bringing together an impressive body of scholarship, this volume reveals the vast range of disciplines and subjects where Mormonism continues to play a significant role in the academic conversation. The Oxford Handbook of Mormonism will be an invaluable resource for those within the field, as well as for people studying the broader, ever-changing American religious landscape.

The Idea of Psychology BenBella Books, Inc.

Supernatural premiered on September 14, 2005, on what was then called the WB Network. Creator Eric Kripke was inspired by Jack Kerouac's *On The Road*, putting his heroes, brothers Sam and Dean Winchester, in a big black '67 Impala and sending them in search of the urban legends that fascinated him. The series attracted a passionate fan base from the start and was described as a 'cultural attractor' that tapped into the zeitgeist of the moment, reflecting global fears of terrorism with its themes of fighting unseen evil. The chemistry between the lead actors, Jared

Padalecki and Jensen Ackles, contributed to the show's initial success, and *Supernatural* found its niche when it combined demon-hunting adventures with a powerful relationship drama that explored the intense, complicated bond between the brothers. *Supernatural* is as much a story of familial ties, love and loyalty as it is of 'saving people, hunting things.' Fan Phenomena: *Supernatural* explores the ongoing fascination and passion for a show that developed a relationship with fans through eight seasons and continues to have an impact on fan culture to the present day. Essays here explore the rich dynamic that has developed between fans and producers, actors, writers, directors, the show creator and show-runners through online interactions on Twitter and Facebook, face-to-face exchanges at conventions and representations of fandom within the show's meta-episodes. Contributors also explore gender and sexuality in the show and in fan art; the visual dynamics, cinematography and symbolism in the episodes as well as the fan videos they inspire; and the culture of influence, learning and teaching in the series.

Metaphysics and Cognitive Science Gryphus Geek

"This compendium of nineteen essays offers a fascinating analysis of the psychology behind the long running sci-fi television show"--Back cover

The Road Less Travelled Intellect Books

Psychologists turn their attention to *The Simpsons*, one of America's most popular and beloved shows, in these essays that explore the function and dysfunctions of the show's characters. Designed to appeal to both fans of the show and students of psychology, this unique blend of science and pop culture consists of essays by professional psychologists drawn from schools and clinical practices across the country. Each essay is designed to be accessible, thoughtful, and entertaining, while providing the reader with insights into both *The Simpsons* and the latest in psychological thought. Every major area of psychology is covered, from clinical psychology and cognition to abnormal and evolutionary psychology, while fresh views on eclectic show topics such as gambling addiction, Pavlovian conditioning, family therapy, and lobotomies are explored.

Fangasm Cambridge Scholars Publishing

The Walking Dead depicts a postapocalyptic world filled with relentless violence and death. How would such trauma affect the psyche? Nineteen fascinating essays explore the deep psychological forces that drive the show's action, from the costs of killing and survivor guilt to the consequences of nonstop stress and the struggle to find meaning in tragedy. The Walking Dead Psychology helps fans better grasp this compelling fictional universe.

Can You Trust Psychology? PublicAffairs

Many Christians, including Jimmy Swaggart and Dave Hunt, claim psychology is seductive, destructive, and dangerous. These concerns have left many people confused and questioning. If I'm in counseling, should I get out? Are non-Christian counselors always to be avoided? Should pastors do counseling themselves? Should they refer church members to psychologists? Gary R. Collins is one of the most widely read and well-respected authors of our day. He provides a reasoned voice in a sometimes loud and heated debate that threatens the spiritual and emotional vitality of millions. He answers the questions you are asking and gives clear direction in plain language. Here is a book for anyone who questions psychology. - Back cover.

The Psychology of the Simpsons Oxford University Press

Fifteen years. Two brothers. Angels and demons. A story like no other. And one of the most passionate fan bases of all time. That's Supernatural. There'll Be Peace When You Are Done: Actors and Fans Celebrate the Legacy of Supernatural is an emotional look back at the beloved television show Supernatural as it wraps up its final season after fifteen unprecedented years on air. With heartfelt chapters written by both the series' actors and its fans—plus full-color photos and fan illustrations—There'll Be Peace When You Are Done traces Supernatural's evolution, the memorable characters created by its writers and brought to life by its talented actors, and the many ways in which the show has inspired and changed the lives of both its viewers and cast. Both a celebration of Supernatural and a way of remembering what made it so special, this book is a permanent reminder of the legacy the show leaves behind and a reminder to the SPN Family to, like the series' unofficial theme song says, "carry on." Featuring chapters from Jared Padalecki ("Sam Winchester") and Jensen Ackles ("Dean Winchester"), which include some of the most heartfelt and emotional things they've previously said about

Supernatural that they want fans to remember—plus new reflections about Sam and Dean's legacy, There'll Be Peace When You Are Done also includes original contributions from: • Richard Speight, Jr. ("Gabriel") • Chad Lindberg ("Ash") • Julie McNiven ("Anna Milton") • Tahmoh Penikett ("Gadreel") • Shoshannah Stern ("Eileen Leahy") • Rick Worthy ("Alpha Vamp") • David Haydn-Jones ("Arthur Ketch") • Lauren Tom ("Linda Tran") • And many more, including a special message from Misha Collins ("Castiel") Edited by Lynn S. Zubernis, a clinical psychologist, professor, and passionate Supernatural fangirl, There'll Be Peace When You Are Done is the ultimate send-off for this iconic show that has touched and changed the lives of so many fans across all walks of life.

The Haunting of Hill House IVP Books

Lançada nos Estados Unidos em 2005, a série americana Supernatural, ou Sobrenatural (título em português), foi um dos programas de maior sucesso da Warner Bros. Television. Foi visto por milhões de pessoas no mundo inteiro. E no Brasil seu sucesso foi estrondoso, com milhares de hunters brasileiros. Depois de lançar vários títulos Supernatural no Brasil, a Gryphus Geek finaliza com chave de ouro sua coleção publicando a obra que encerra a série: HAVERÁ PAZ QUANDO TUDO ACABAR O livro é uma retrospectiva emocionante do adorado programa de televisão. Com depoimentos sinceros escritos por atores da série e seus fãs - além de fotos coloridas e ilustrações - HAVERÁ PAZ QUANDO TUDO ACABAR traça a evolução de Supernatural, os personagens memoráveis criados pelos roteiristas e vividos por seus atores talentosos e as muitas maneiras pelas quais o programa inspirou e mudou a vida de seus espectadores e elenco. Esta obra é tanto uma celebração de Supernatural quanto uma maneira de lembrar o que o tornou tão especial, um lembrete permanente do legado que o programa deixa para trás e um incentivo para a família SPN, como diz a música-tema não oficial da série, continuar. A obra apresenta capítulos de Jared Padalecki (Sam Winchester) e Jensen Ackles (Dean Winchester), que incluem as coisas mais sinceras e emocionantes que eles querem que os fãs se lembrem sobre Supernatural - além de novas reflexões sobre o legado de Sam e Dean.

Praying the Psalms Christian Publications

Fandom At The Crossroads: Celebration, Shame and Fan/Producer Relationships is an in-depth exploration of the reciprocal

relationship between a groundbreaking cult television show and its equally groundbreaking fandom. For the past six years the authors have inhabited the close-knit fan communities of the television show Supernatural, engaging in criticism and celebration, reading and writing fanfiction, and attending fan conventions. Their close relationships within the community allow an intimate behind-the-scenes examination of fan psychology, passion, motivation, and shame. The authors also speak directly to the creative side in order to understand what fuels the passionate reciprocal relationship Supernatural has with its fans, and to interrogate the reality of fans' fears and shame. As they go behind the scenes and onto the sets to talk with Supernatural's showrunners, writers, and actors, the authors struggle to negotiate a hybrid identity as "aca-fans". Fangirls one moment, "legitimate" researchers the next, the boundaries often blur. Their repeated breaking of the fan/creative side boundary is mirrored in Supernatural's reputation for fourth wall breaking, which has attracted journalistic coverage everywhere from Entertainment Weekly to the New York Times. Written with humor and irreverence, Stalking Fandom combines an innovative theorizing of fandom and popular culture, which will be useful in a variety of courses, with a behind-the-scenes story that anyone who's ever been a fan or wondered why others are fans will find fascinating.

Fan Phenomena: Supernatural Random House

Once upon a time not long ago, two responsible college professors, Lynn the psychologist and Kathy the literary scholar, fell in love with the television show Supernatural and turned their oh-so-practical lives upside down. Plunging headlong into the hidden realms of fandom, they scoured the Internet for pictures of stars Jensen Ackles and Jared Padalecki and secretly penned racy fan fiction. And then they hit the road—crisscrossing the country, racking up frequent flyer miles with alarming ease, standing in convention lines at 4 A.M. They had white-knuckled encounters with overly zealous security guards one year and smiling invitations to the Supernatural set the next. Actors stripping in their trailers, fangirls sneaking onto film sets; drunken confessions, squeals of joy, tears of despair; wallets emptied and responsibilities left behind; intrigue and ecstasy and crushing disappointment—it's all here. And yet even as they reveled in their fandom, the authors were asking themselves whether it's

okay to be a fan, especially for grown women with careers and kids. "Crazystalkerchicks"—that's what they heard from Supernatural crew members, security guards, airport immigration officials, even sometimes their fellow fans. But what Kathy and Lynn found was that most fans were very much like themselves: smart, capable women looking for something of their own that engages their brains and their libidos. Fangasm pulls back the curtain on the secret worlds of fans and famous alike, revealing Supernatural behind the scenes and discovering just how much the cast and crew know about what the fans are up to. Anyone who's been tempted to throw off the constraints of respectability and indulge a secret passion—or hit the road with a best friend—will want to come along.

Empathy Fatigue Union Square & Company

When journalist and ghost sceptic Will Storr heads to Philadelphia to meet Lou Gentile, a demonologist, he expects a little fun with an amusing eccentric. What he gets are terrifying experiences of spectral lights and horrific demonic growling - and all of his safe, adult preconceptions about ghosts instantly vanish. In the cold light of day, Will decides on a quest for the truth about ghosts. He meets professional paranormal investigators and takes part in séances and a vigil in the most haunted house in Britain, tries out divining rods and ouija boards, and goes on set with TV's Most Haunted. But Will also seeks out the sceptics in clinical psychology and philosophy who ask if spirits are really just in our heads. His journey is full of bizarre, terrifying and hilarious experiences, each one a new insight into life, death and what might come after.

There'll Be Peace When You Are Done Simon and Schuster
"The discipline of fan studies is famously undisciplined. But that doesn't mean it isn't structured. A Fan Studies Primer: Methods, Research, Ethics will be the first comprehensive primer for classroom use that shows students how to do fan studies, in practical terms. The expansion of fan studies as an academic field and the growing visibility of fandom and fan activities in popular culture have led to more instructors using students' fandom in the classroom, and teaching fan studies as a disciplinary focus. Teaching fandom and fan studies means drawing from a multidisciplinary spectrum of methodologies and foci. Yet, as fan studies itself is often a "moving target," it is imperative to have a volume that approaches the various contributions, methodologies,

ethics, and lacunae of the field in a classroom setting. With contributions from many of the biggest names in fan studies, co-editors Paul Booth and Rebecca Williams pull together case studies that demonstrate the wide array of methodologies available to fan studies scholars, such as auto/ethnography, immersion, interviews, online data mining, historiography, and textual analysis. They also probe the ethical questions that are unique to fan studies work and that continue to crop up as the field develops, such as use of online fan content for research, interview methods, consent, and privacy. Both experienced scholars and new students alike will find a useful overview of the diverse research topics in fan studies, whether it's Harry Potter, superheroes, or celebrities, as well as a catalog of conscientious and effective techniques for those who want to join in"--

Doctor Who Psychology Visible Ink Press

It's dangerous to go alone! Take this (book). For more than 30 years, *The Legend of Zelda*—which immerses players in a courageous struggle against the shadowy forces of evil in a world of high fantasy—has spanned more than 30 different installments, selling over 75 million copies. Today, it is one of the most beloved video game franchises around the globe. Video game sales as a whole have continued to grow, now raking in twice as much money per year as the entire film industry, and countless psychologists have turned their attention to the effects gaming has on us: our confidence, our identity, and our personal growth. *The Psychology of Zelda* applies the latest psychological findings, plus insights from classic psychology theory, to Link, Zelda, Hyrule, and the players who choose to wield the Master Sword. In *The Psychology of Zelda*, psychologists who love the games ask:

- How do Link's battles in *Ocarina of Time* against Dark Link, his monstrous doppelganger, mirror the difficulty of confronting our personal demons and the tendency to be our own worst enemies?
- What lessons about pursuing life's greater meaning can we take away from Link's quests through Hyrule and beyond the stereotypical video game scenario of rescuing a Princess (Zelda)?
- What do we experience as players when we hear that familiar royal lullaby on the ocarina, Saria's spirited melody in the *Lost Woods*, or the iconic main theme on the title screen?
- How do the obstacles throughout *Majora's Mask* represent the Five Stages of Grief?
- What can Link's journey to overcome the loss of the fairy Navi teach us about understanding our own grief and

depression? • Why are we psychologically drawn to the game each and every time a new version becomes available even when they all have a similar storyline? Think you've completed the quest? *The Psychology of Zelda* gives you new, thrilling dungeons to explore and even more puzzles to solve.

Using Superheroes and Villains in Counseling and Play Therapy Oxford University Press

The Routledge Companion to Media and Tourism provides a comprehensive overview of the research into the convergence of media and tourism and specifically investigates the concept of mediatized tourism. This Companion offers a holistic look at the relationship between media and tourism by drawing from a global range of contributions by scholars from disciplines across the humanities and social sciences. The book is divided into five parts, covering diverse aspects of mediatization of tourism including place and space, representation, cultural production, and transmedia. It features a comprehensive theoretical introduction and an afterword by leading scholars in this emerging field, delving into the ways in which different forms of media content and consumption converge, and the consequential effects on tourism and tourists. The collection is an invaluable resource for students and scholars of tourism studies, cultural studies, and media and communication, as well as those with a particular interest in mediatization, convergence culture, and contemporary culture.

The Oxford Handbook of Mormonism Routledge

Through rich and research-grounded clinical applications, *Using Superheroes and Villains in Counseling and Play Therapy* explores creative techniques for integrating superhero stories and metaphors in clinical work with children, adolescents, adults and families. Each chapter draws on the latest empirically supported approaches and techniques to address a wide range of clinical challenges in individual, family and group settings. The chapters also explore important contextual issues of race, gender, culture, age and ethnicity and provide case studies and practical tips that clinicians can use to support clients on their healing journey.

Democracy and Education Intellect Books

Fan Culture: Theory/Practice brings together the most current scholarship on fan studies, in a way that makes it accessible and usable for both students and teachers. The essays in this collection explore the relative influence of academic and fan

perspectives in the current group of scholar-fans and the ethical dilemmas that sometimes emerge from this interplay of identities, the impact of the increasingly reciprocal relationship between textual producers and consumers, and gender differences in fannish meaning-making and interaction. Fan Studies addresses these current issues through some of the most popular fannish texts, including Doctor Who, Torchwood, Star Wars, Star Trek, Supernatural, Smallville and Twilight. Fan Culture: Theory/Practice is thus designed to challenge some accepted notions, while asking relevant questions about pedagogy. How do we understand the state of the field, and teach fan studies both effectively and responsibly? The essays contained in this volume explore the dominant themes in the field, and seek to situate fan studies as a discipline with a pedagogy of its own.

People of the Lie University of Iowa Press

From one of America's most brilliant writers, a New York Times bestselling journey through psychology, philosophy, and lots of meditation to show how Buddhism holds the key to moral clarity and enduring happiness. At the heart of Buddhism is a simple claim: The reason we suffer—and the reason we make other people suffer—is that we don't see the world clearly. At the heart of Buddhist meditative practice is a radical promise: We can learn

to see the world, including ourselves, more clearly and so gain a deep and morally valid happiness. In this "sublime" (The New Yorker), pathbreaking book, Robert Wright shows how taking this promise seriously can change your life—how it can loosen the grip of anxiety, regret, and hatred, and how it can deepen your appreciation of beauty and of other people. He also shows why this transformation works, drawing on the latest in neuroscience and psychology, and armed with an acute understanding of human evolution. This book is the culmination of a personal journey that began with Wright's landmark book on evolutionary psychology, *The Moral Animal*, and deepened as he immersed himself in meditative practice and conversed with some of the world's most skilled meditators. The result is a story that is "provocative, informative and...deeply rewarding" (The New York Times Book Review), and as entertaining as it is illuminating. Written with the wit, clarity, and grace for which Wright is famous, *Why Buddhism Is True* lays the foundation for a spiritual life in a secular age and shows how, in a time of technological distraction and social division, we can save ourselves from ourselves, both as individuals and as a species.

The Psychology of Zelda Sterling

During a pivotal few months in the middle of the First World War all sides—Germany, Britain, and America—believed the war could be concluded. Peace at the end of 1916 would have saved millions of lives and changed the course of history utterly. Two years into the most terrible conflict the world had ever known, the warring powers faced a crisis. There were no good military options. Money, men, and supplies were running short on all sides. The German chancellor secretly sought President Woodrow Wilson's mediation to end the war, just as British ministers and France's president also concluded that the time was right. *The Road Less Traveled* describes how tantalizingly close these far-sighted statesmen came to ending the war, saving millions of lives, and avoiding the total war that dimmed hopes for a better world. There was a secret battle that is only now becoming fully understood, a story of civic courage, awful responsibility, and how some leaders rose to the occasion while others shrank from it or chased other ambitions. "Peace is on the floor waiting to be picked up!" pleaded the German ambassador to the United States. This book explains both the strategies and fumbles of people facing a great crossroads of history. *The Road Less Traveled* reveals one of the last great mysteries of the Great War: that it simply never should have lasted so long or cost so much.