
Figure Skating A History

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KIRBY PEREZ

Modern Figure Skating
Grand Central Publishing
The Science of Figure Skating is the first book to provide an evidence-based and comprehensive reference for the scientific underpinnings of this complex Olympic sport, where early specialization presents unique challenges for coaches and athletes alike. Drawing on cutting-edge research and featuring contributions from leading academics and practitioners, the book covers key topics of health, training and high performance in figure skating, including:
Physiological demands
Nutrition and hydration
Training methods
Psychology and mental performance
Novel issues relating to performance such as travel and jet lag
Technological innovation
Effectively and succinctly applying theory to practice, The Science of Figure Skating is a valuable resource on integrating sport science concepts into training and performance. It is essential reading for any applied sport science student or researcher with an interest in winter sports, and coaches, sport science officers,

nutritionists or clinicians involved in figure skating.

Lake Placid Figure Skating

Willowdale, Ont.
: Firefly Books
Text and illustrations demonstrate basic skating steps--skating forwards, skating backwards--through such advanced techniques as the double flip and the triple Salchow.

Figure Skating Routledge
"Tom is not prepared for what is about to happen when he hears the grandfather clock strike thirteen. Outside the back door is a garden, which everyone tells him does not exist."--Page 4 de la couverture.

Culture on Ice Schiffer Publishing Limited
The first in-depth, critical look at figure skating.
Ice-skating Sports Respected sports journalist Christine Brennan tells the riveting tales of the world's best figure skaters during the most intense year of their young lives. The story opens with the 1997 U.S. national championships, when Michelle Kwan, the overwhelming favorite for the 1998 Olympic gold medal, leaves the rink in tears. Enter Tara Lipinski, a seventy-five-pound jumping machine -- soon to become the youngest world skating

champion. Chronicling the year leading up to and including the 1998 Olympic Games, Edge of Glory offers portraits of the famous and infamous, the hopefuls and has-beens -- Nancy Kerrigan, Oksana Baiul, Tonya Harding, Elvis Stojko, Todd Eldredge, Ilia Kulik, and many more. Edge of Glory also takes the reader behind the scenes of the sport: the aggressive sports agents, the career-fostering coaches, the eager reporters, the choreographers, and the attentive, stern judges. Ultimately, Edge of Glory is about the athletes themselves. What drives these skaters to a profession that promises retirement at such a young age? How do they survive in a sport where one fall decides it all? What do they fear? And, most importantly, who will win, and who will lose?
My Sergei Rowman & Littlefield
Figure skating has always had an important home in Lake Placid. Early on, the Sno Birds popularized this summer retreat, and Melville and Godfrey Dewey won the campaign for the 1932 Winter Olympics. The Skating Club of Lake Placid was formed, and after 1932,

famous skaters trained here with legendary coach Gus Lussi. When Lake Placid again hosted the Olympics in 1980, skating dominated, with state-of-the-art facilities that have continued to be used by stars like Dorothy Hamill and Sarah Hughes, and helped give rise to Scott Hamilton's Stars on Ice. For more than one hundred years, the Lake Placid community has worked together to support figure skating and skaters in this quiet Adirondack village. Local expert Christie Sausa tells this exciting story.

Ice Breaker The Rosen Publishing Group, Inc
Includes techniques, clothing, skates, instruction, etc.

Figure Skating School

Scribner Book Company
Mabel Fairbanks didn't let segregation stop her from skating.

The Science of Figure Skating Firefly Books

The executive director of the Professional Skaters Association (PSA) provides proven technique instruction for more than 100 skills, presenting them progressively from beginning to advanced levels of expertise. 170 photos.

A System of Figure-skating Wesleyan University Press

The Historical Dictionary of Figure Skating relates the history of the sport through a chronology, an introductory essay, an extensive bibliography, and over 800 cross-referenced dictionary entries on hundreds of skaters, past and present, but also on skating countries, governing bodies, skating disciplines, technical elements, skating styles, and many other subjects. This book is an excellent access point for students, researchers, and anyone wanting to know more about the history of figure skating.

A is for Axel: An Ice Skating Alphabet Golden Books
Eiskunstlauf, Geschichte.

Why Black and Brown Kids Don't Ice Skate

HarperCollins
Discusses skating's many technical and artistic advances, its important figures, its intrigues and scandals, and the historical high points during its evolution.

I'm a Figure Skater!
Triumph Books

In contemporary North America, figure skating ranks among the most 'feminine' of sports and few boys take it up for fear of being labelled effeminate or gay. Yet figure skating was once

an exclusively male pastime - women did not skate in significant numbers until the late 1800s, at least a century after the founding of the first skating club. Only in the 1930s did figure skating begin to acquire its feminine image. *Artistic Impressions* is the first history to trace figure skating's striking transformation from gentlemen's art to 'girls' sport.' With a focus on masculinity, Mary Louise Adams examines how skating's evolving gender identity has been reflected on the ice and in the media, looking at rules, technique, and style and at ongoing debates about the place of 'art' in sport. Uncovering the little known history of skating, *Artistic Impressions* shows how ideas about sport, gender, and sexuality have combined to limit the forms of physical expression available to men.

The Official Book of Figure Skating Rowman & Littlefield

Of all winter sports, none is so widely watched and commented upon by the media as figure skating, which is often considered the Winter Olympics' centerpiece. This critical text examines the ways in

which media attention has gradually altered and affected the sport, from the early appearances of Sonja Henie, to skating's gradual audience growth via television, and to the ramifications of the scandals in the 1994 and 2002 Olympics. The topic is illuminated by more than 30 interviews with commentators, skaters, producers, directors and others. In addition to numerous photos, illustrations show the compulsory figures for which "figure skating" got its name, as well as a sample of the charted-out "camera blocking" for TV directors. Appendices include collected anecdotes from early broadcasting experiences; a profile of broadcaster Jim McKay; and commentary from Carol Heiss on her 1961 musical *Snow White and the Three Stooges*.

The History of Figure Skating Doubleday

Information-packed feast of memories tells worldwide history of TV's most popular non-ball sport. Traces ice dance history from the beginnings to the 1992 Olympics. Concept, controversy, struggle for Olympic inclusion. Changing, teased rules. Competition descriptions,

results. "Who's Who" worldwide; hundreds of photos & illustrations; 16pp. color. Sold, acclaimed in 18 countries. 8 x 11 coffee table size. Tells "why" of Russian supremacy. Readers/reviewers say: "High quality book," "written with utmost clarity," "...significant contribution," "...masterpiece," "a book belonging on every skater's shelf." "Makes me understand when I watch on TV." "Excellent"--Christopher Dean. "Sensitively chosen extracts"--Howard Bass. "Fascinating anecdotes...an absolute must"--Courtney Jones. Best gift for skating lovers. Retail \$35. (Ohio tax). Companion texts: SYMPHONY ON ICE: THE PROTOPOPOVS (A. Shelukhin, transl. from 1969 Russian: sensitively told biography of Protopopovs' competitive lives, insights into Russian minds & methods, 33 photos, ISBN 0-9631758-9-0, \$20). KEY TO RHYTHMIC ICE DANCING (3rd printing, Muriel Kay, ISBN 0-9631758-5-8, \$20), supplements lessons for 21 compulsory ice dances; teaching/learning aid used by pioneering Russians to learn ice

dance. ORIGINS OF ICE DANCE MUSIC (2nd ed., updated, great for ballroom dancers too, Muriel Kay, ISBN 0-9631758-6-6, \$12). Discount 30% for 9 books, 45% for 18 (mix & match). Mail order direct by check or money order to: Platoro Press, 4481 Floyd Drive, Columbus, OH 43232 USA (tel. 614/837-0003).

Figure Skating History Penguin Group

The skaters included in this book all made a strong impression on the skating world, contributing to the development of the sport through commanding athletic prowess, unusual aesthetic characteristics, or sheer force of personality. They reflected and illuminated their times and environments. Certainly none of them could be called boring, the deadliest sin in Toller's lexicon. In many cases they are skaters who elevated figure skating to an art form, but some altered the course of the sport in a way that may have been negative. Each chapter starts with a short biography and then Toller contributes his well-honed and very personal assessment. Finally, Toller brings the book right up to date with his Epilogue:

A Salt Lake City Retrospective. Readers and fans are aware of Toller Cranston's way with a quip, his flamboyant personality, and his outspoken opinions. In *Ice Cream*, they will also learn more about his deep knowledge of skating, his sensitive artistic judgement, and his acute observations of fellow skaters. But make no mistake, the Toller we all know is here in spades.

[Little Girls in Pretty Boxes](#)
University of Toronto Press

This high-interest Social Studies title is one of the 4 titles sold in a Book Pack as a part of the Tony Stead Independent Reading Sports Theme Set.

Ice Cream Clerisy Press
On February 15, 1961, all 18 members of the U.S. World Figure Skating Team were killed in a plane crash, along with 16 coaches, officials, and family members. *Frozen in Time* takes readers inside the lives of the young skaters who died in the crash, revealing their friendships, romances, rivalries, sacrifices, and triumphs. The dramatic focus lingers on two families of powerful women: the Owens and the Westerfelds. Maribel Owen, the most famous

woman in figure skating at the time, relentlessly drives her two young daughters--pairs champion Mara and the spectacular Laurence, who graced the cover of *Sports Illustrated* on the day she died. Myra Westerfeld, meanwhile, loses her marriage while guiding her daughters Sherri and Steffi to the pinnacle of the sport. Along with the bittersweet personal stories, author Nikki Nichols recounts the U.S. skating program's lengthy struggle to rebuild after this devastating accident.

[The Story of Figure Skating](#) University of Illinois Press
ISBN: 1-882849-02-7 (projected pub. date: June 1994). Title: *FIGURE SKATING: PAGES OF HISTORY* (transl., \$35). Author: R. Chubrik. ISBN 1-882849-01-9 (projected pub. date: Aug. 1994). Title: *PATTERNS OF RUSSIAN ICE DANCE* (transl., \$16). Author: Yelena Tchaikovskaya. ISBN 1-882849-03-5 (projected pub. date: Sept. 1994). Title: *SECRETS OF THE SOVIET SKATERS: OFF-ICE TRAINING METHODS* (transl., \$35). Author: Tamara Moskvina. *FIGURE SKATING HISTORY SERIES*. 1992. \$35.00. ISBN:

0-9631758-1-5. Publisher: Platoro Press. These three translations from Russian complement the existing Platoro Press collection on figure skating. *PAGES OF HISTORY* is the most complete, updated chronicle of Russian skating beginning before the Soviet era (many photos). *PATTERNS* (by coach of Pakhomova/Gorshkov) discusses choreography the Russian way. *SECRETS* (by coach of Mishkutienok/Dmitriev, Bechke/Petrov) divulges how Russian skaters succeed with little ice time (many illus.). Companion texts: *FIGURE SKATING HISTORY: THE EVOLUTION OF DANCE ON ICE* (Lynn Copley-Graves, amply illus., 415 p., pap. orig. 1992. ISBN 0-9631758-1-5, \$35), complete world history, "significant contribution...written with the utmost clarity." *THE KEY TO RHYTHMIC ICE DANCING* (3rd printing, Muriel Kay, ISBN 0-9631758-5-8, \$20), lessons on 21 compulsory dances used by the pioneering Russians to learn ice dance. *ORIGINS OF ICE DANCE MUSIC* (2nd ed., updated, Muriel Kay, ISBN 0-9631758-6-6, \$12), essential in preparing original dances.

SYMPHONY ON ICE: THE PROTOPOPOVS (transl. from 1969 Russian, ISBN 0-9631758-9-0, \$20), biography of the first Russian Olympic pair champions. Discount 30% for 9 copies, 45% for 18 copies (mix or match). Order direct from: 4481 Floyd Dr., Columbus, OH 43232, USA, tel. 614-837-0003 (leave

message).
Frozen Teardrop Weigl Publishers
 At the 1984 Olympics, American Scott Hamilton skated into the history books when he claimed a gold medal in Sarajevo. Beside him the entire time was his coach, Don Laws. Don Laws: The Life of an Olympic Figure Skating Coach recounts Don's youth, from his childhood

in Washington, D.C. to his Junior Men's Figure Skating Championship to his triumphs as a coach on the international stage. Featuring personal interviews with many of his former pupils, this humorous and enlightening biography captures Don's dedication to the sport and to his students.